Monday 12/9	Tuesday	Wednesday	Thursday	Friday
Health-9	Health-9	Health-9	Health-9	Health-9
<u>Standards</u>	<u>Standards</u>	<u>Standards</u>	<u>Standards</u>	<u>Standards</u>
10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that
impact growth and development	impact growth and development	impact growth and development	impact growth and development	impact growth and development
during adulthood and late	during adulthood and late	during adulthood and late	during adulthood and late	during adulthood and late
adulthood.	adulthood.	adulthood.	adulthood.	adulthood.
10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that
impact the body systems and	impact the body systems and	impact the body systems and	impact the body systems and	impact the body systems and
apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive
strategies.	strategies.	strategies.	strategies.	strategies.
10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care
products and services that	products and services that	products and services that impact	products and services that	products and services that
impact adult health practices.	impact adult health practices.	adult health practices.	impact adult health practices.	impact adult health practices.
10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast	10.2.12.C—Compare & contrast
the positive and negative effects of media on adult personal	the positive and negative effects of media on adult personal	the positive and negative effects of media on adult personal health	the positive and negative effects of media on adult personal	the positive and negative effects of media on adult personal
health and safety.	health and safety.	and safety.	health and safety.	health and safety.
Objectives	Objectives	Objectives	Objectives	Objectives
Students will demonstrate	Students will demonstrate	Students will be able to define	Students will be able to define	Students will be able to define
mastery of concepts related to	mastery of concepts related to	lifestyle disease; identify risk	tumors, carcinogen, malignant,	diabetes and differentiate
infectious diseases in a class	infectious diseases on a written	factors for lifestyle diseases;	and benign; identify warning	between the different types of
review activity.	assessment.	describe cardiovascular	signs of cancer; describe how	diabetes; identify warning signs
Assignment	Assignment	diseases; describe actions that	cancer is detected and treated;	of diabetes; describe how
In class—Grudgeball review	In class—Written assessment	can reduce the risk of poor	explain ways to reduce risk of	diabetes is detected and treated;
activity	Take home & return—None	cardiovascular health.	developing cancer.	explain ways to reduce the risk
Take home & return—None	Upcoming event	Assignment	Assignment	of developing diabetes.
Upcoming event	None	In class—Notes & discussion	In class—Notes & discussion	Assignment
Test tomorrow		Take home & return—None	Take home & return—None	In class—Notes & discussion
		Upcoming event	Upcoming event	Take home & return—None
		None	None	Upcoming event
				None
PE-11		PE-11		PE-11
No school		<u>Standards</u>		<u>Standards</u>
		10.4.12.A—Evaluate and engage		10.4.12.A—Evaluate and
		in an individualized physical		engage in an individualized
		activity plan that supports		physical activity plan that
		achievement of personla fitness		supports achievement of
		and activity goals and promotes		personla fitness and activity
		life-long participation.		goals and promotes life-long
		10.4.12.D—Evaluate factors that		participation.
		affect physical activity and		10.4.12.D—Evaluate factors that

	exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incoroporate and synthesize knowledge of motor skill development concepts to improe the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. Objectives/Assignment Students will engage in volleyball activities. Upcoming event None		affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incoroporate and synthesize knowledge of motor skill development concepts to improe the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. Objectives/Assignment Students will engage in volleyball activities. Upcoming event None
PE-8	PE-8	PE-8	PE-8
<u>Standards</u> 10.4.9.A—analyze and engage	Standards 10.4.9.A—analyze and engage in	Standards 10.4.9.A—analyze and engage	Standards 10.4.9.A—analyze and engage
in physical activities that are developmentall/individually	physical activities that are developmentall/individually	in physical activities that are developmentall/individually	in physical activities that are developmentall/individually
appropriate and support	appropriate and support	appropriate and support	appropriate and support
achievement of personal fitness	achievement of personal fitness	achievement of personal fitness	achievement of personal fitness
and activity goals. 10.4.9.D—Analyze factors that	and activity goals. 10.4.9.D—Analyze factors that	and activity goals. 10.4.9.D—Analyze factors that	and activity goals. 10.4.9.D—Analyze factors that
affect physical activity	affect physical activity	affect physical activity	affect physical activity

10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. **Objectives/Assignment** Students will engage in volleyball activities. **Upcoming event** None

10.4.9.E—Analyze factors tha impact the relationship between regular participation in physical activity and motor skill improvement. 10.5.9.A—Describe and apply the components of skill-related fitness to movement performance. 10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement. 10.5.9.C—Identify and apply practice strategies for skill improvement. 10.5.9.F—Describe and apply game strategies to complex games and physical activities. Objectives/Assignment Students will engage in volleyball activities. **Upcoming event** None

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None

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10.4.9.E—Analyze factors tha